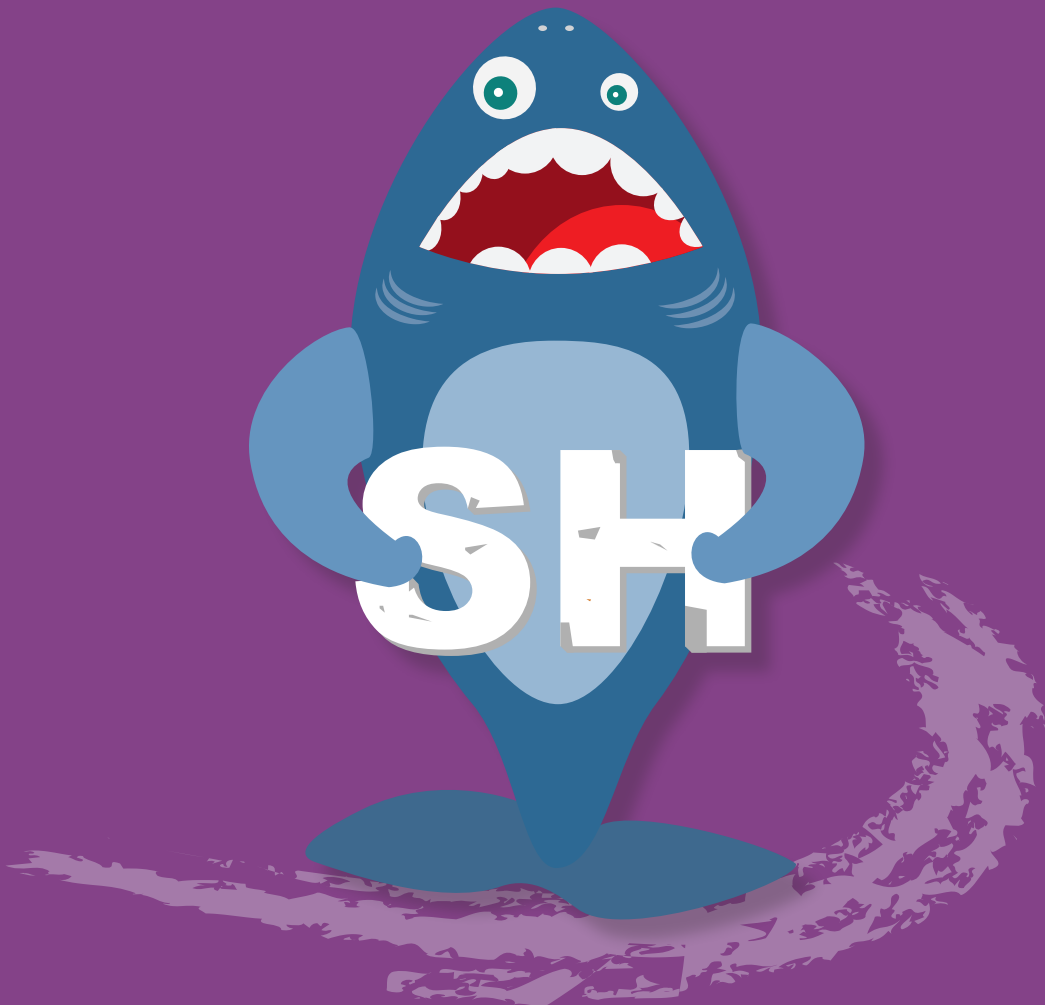


ARTICULATE TECHNOLOGIES INC

speech buddies

# PRACTICE GUIDE for “SH” SOUND



# Welcome

Thank you for using Speech Buddies practice guides! You will find them extremely helpful for all types of students: in the clinic, school, or at home. This lesson plan is designed to reflect a traditional “hierarchy” of practice that is rooted in decades of research and is the professional standard for lesson plans in speech therapy.

- There are 32 exercises overall
- Practice 4 times per week for 8 weeks.
- Try to maintain a consistent schedule for your student or child.

## How are the Lessons Arranged?

The lessons start simple and gradually, and as the student you're working with gets more accurate in producing the challenge sound(s), become more complex and demanding. Each lesson targets one of the following: isolation and syllables, words, words in sentences, and conversation. At the beginning of your practice, your student will attempt to say the sound in isolation (e.g. “ssss”) or in syllables, and will rely very heavily on the Speech Buddies Tools to produce the sound correctly. As he gets more accurate, exercises become more challenging by focusing on whole words. Once the student is judged to be roughly 80% accurate in conversation, that sound would be considered “treated.”

## How do I follow each Lesson?

**For each item within a given lesson:**

1. Follow the instructions about whether to use the Speech Buddies Tool for that item. As your student progresses through the lessons and gets more accurate in his productions, the Speech Buddies Tool can be used less and less, but this is reflected in how the lessons are structured.
2. Have your student repeat the sound or word after you.
3. Once your student has attempted to say the sound, simply record whether that item was, in your judgment, correct or incorrect.
4. Continue through each lesson until all 40 items have been completed, using the extra space at the bottom of the lesson page for notes.

## No skipping ahead!

It is important that you do not skip any lessons. Even if your student seems to be breezing through lessons, this extra practice will undoubtedly help him with the final phase of therapy: mastering the sound(s) in conversation. On the other hand, if you feel your student needs extra time at a specific level, you may repeat a lesson or two at a given level (e.g. isolation and syllables, words) before progressing. However, it is recommended that you stick to the lesson sequence as much as possible.

Good luck and thank you for your interest in Speech Buddies!

Sincerely,



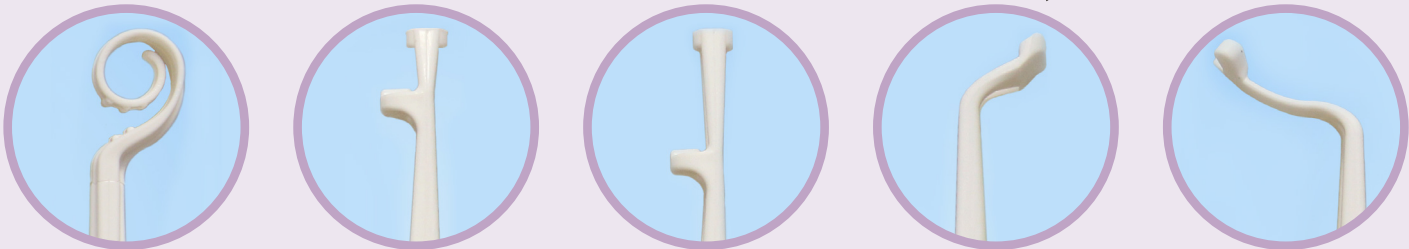
Gordy Rogers, M.S. CCC-SLP  
Speech-Language Pathologist  
Chief Scientific Officer  
Articulate Technologies, Inc.

# A Quick Introduction to Speech Buddy Tools

Shark Buddy is an excellent complement to this lesson plan, but is not a requirement.

Tongue targets you can feel

Bendable tips



**R SOUND**      **S SOUND**      **SH SOUND**      **L SOUND**      **CH SOUND**

Speech Buddies Placement Tools are easy to use. They train the tongue to make the correct shape by providing targets that you can feel. Getting started is simple:

- Choose the right tools for your child
- practice for 10 minutes 3 times a week
- and see results.

**WITH A LITTLE GUIDANCE, KIDS 5 AND UP CAN EVEN USE THEM ON THEIR OWN!**

**CHOOSE**  
The perfect tool for your child

**PRACTICE**  
10 minutes, 3 times a week

**RESULT**  
In 30 days or less



## SHARK BUDDY FOR THE SH SOUND

The Shark Buddy teaches proper tongue placement to make the perfect SH sound. It helps with words like Show, sunshine, and wash. A child can learn to make the sound by training the tongue to hit the target. This fixes a "lisp" or "slushy" sound.

TO LEARN MORE ABOUT SPEECH BUDDY TOOLS, VISIT

[speechbuddy.com](https://speechbuddy.com)

# Looking for a Speech Therapist?

## Try Speech Buddy Connect!

### How It Works

Speech Buddies Connect helps you find the perfect Speech Language Pathologist for your child. Simply search for a therapist, send a message, and you will get a quick response from a speech expert in your local area.



**SEARCH FOR A THERAPIST**



**SEND A MESSAGE**



**GET CONNECTED**



### Trust & Safety

Listed therapists are certified Speech Language Pathologists. We review their credentials to ensure you will be connected with high quality professionals in your area.



### Who We Are

Our mission is to help improve communication around the world. We are parents, Speech Therapists, Engineers and Artists devoted to helping kids find their voice.

### SLP? Get Listed!

Are you a certified Speech Language Pathologist? Join Speech Buddies Connect to be easily found by parents and children who need your help!

**FREE TO SIGN UP!**

[speechbuddy.com/connect](https://speechbuddy.com/connect)



**Create an Account  
in a Minute**



**Complete Your Profile**



**Connect with Clients**

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# Isolation & Syllables

## SESSION #1

Date Completed: .....

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shh</b>	w	
2	<b>Shh</b>	w	
3	<b>Shh</b>	w	
4	<b>Shh</b>	w	
5	<b>Shh</b>	w	
6	<b>Shh</b>	w	
7	<b>Shh</b>	w	
8	<b>Shh</b>	w	
9	<b>Shh</b>	w	
10	<b>Shh</b>	w	
11	<b>Shh</b>	w	
12	<b>Shh</b>	w	
13	<b>Shh</b>	w	
14	<b>Shh</b>	w	
15	<b>Shh</b>	w	
16	<b>Shh</b>	w	
17	<b>Shh</b>	w	
18	<b>Shh</b>	w	
19	<b>Shh</b>	w	
20	<b>Shh</b>	w	

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Shuh</b>	w	
22	<b>Shuh</b>	w	
23	<b>Shuh</b>	w	
24	<b>Shuh</b>	w	
25	<b>Shuh</b>	w	
26	<b>Shuh</b>	w	
27	<b>Shuh</b>	w	
28	<b>Shuh</b>	w	
29	<b>Shuh</b>	w	
30	<b>Shuh</b>	w	
31	<b>Ush</b>	w	
32	<b>Ush</b>	w	
33	<b>Ush</b>	w	
34	<b>Ush</b>	w	
35	<b>Ush</b>	w	
36	<b>Ush</b>	w	
37	<b>Ush</b>	w	
38	<b>Ush</b>	w	
39	<b>Ush</b>	w	
40	<b>Ush</b>	w	

\*Note:

# Isolation & Syllables

## SESSION #2

Date Completed: .....

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shh</b>	w	
2	<b>Shh</b>	w	
3	<b>Shh</b>	w	
4	<b>Shh</b>	w	
5	<b>Shh</b>	w	
6	<b>Shh</b>	w	
7	<b>Shh</b>	w	
8	<b>Shh</b>	w	
9	<b>Shh</b>	w	
10	<b>Shh</b>	w	
11	<b>Shh</b>	w	
12	<b>Shh</b>	w	
13	<b>Shh</b>	w	
14	<b>Shh</b>	w	
15	<b>Shh</b>	w	
16	<b>Shh</b>	w	
17	<b>Shh</b>	w	
18	<b>Shh</b>	w	
19	<b>Shh</b>	w	
20	<b>Shh</b>	w	

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Shuh</b>	w	
22	<b>Shuh</b>	w	
23	<b>Shuh</b>	w	
24	<b>Shuh</b>	w	
25	<b>Shuh</b>	w	
26	<b>Shuh</b>	w	
27	<b>Shuh</b>	w	
28	<b>Shuh</b>	w	
29	<b>Shuh</b>	w	
30	<b>Shuh</b>	w	
31	<b>Ush</b>	w	
32	<b>Ush</b>	w	
33	<b>Ush</b>	w	
34	<b>Ush</b>	w	
35	<b>Ush</b>	w	
36	<b>Ush</b>	w	
37	<b>Ush</b>	w	
38	<b>Ush</b>	w	
39	<b>Ush</b>	w	
40	<b>Ush</b>	w	

\*Note:

# Isolation & Syllables

## SESSION #3

Date Completed: .....

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shh</b>	w	
2	<b>Shh</b>	wo	
3	<b>Shh</b>	w	
4	<b>Shh</b>	wo	
5	<b>Shh</b>	w	
6	<b>Shh</b>	wo	
7	<b>Shh</b>	w	
8	<b>Shh</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shh</b>	w	
12	<b>Shh</b>	wo	
13	<b>Shh</b>	w	
14	<b>Shh</b>	wo	
15	<b>Shh</b>	w	
16	<b>Shh</b>	wo	
17	<b>Shh</b>	w	
18	<b>Shh</b>	wo	
19	<b>Shh</b>	w	
20	<b>Shh</b>	wo	

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>She</b>	w	
22	<b>Sheh</b>	wo	
23	<b>Shay</b>	w	
24	<b>Suh</b>	wo	
25	<b>Shae</b>	w	
26	<b>Sha</b>	wo	
27	<b>Show</b>	w	
28	<b>Shoo</b>	wo	
29	<b>Shaw</b>	w	
30	<b>Shoi</b>	wo	
31	<b>Eesh</b>	w	
32	<b>Esh</b>	wo	
33	<b>Aysh</b>	w	
34	<b>Ush</b>	wo	
35	<b>Ash</b>	w	
36	<b>Ahsh</b>	wo	
37	<b>Ohsh</b>	w	
38	<b>Oosh</b>	wo	
39	<b>Awsh</b>	w	
40	<b>Oish</b>	wo	

\*Note:



# Isolation & Syllables

## SESSION #4

Date Completed: .....

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shh</b>	w	
2	<b>Shh</b>	wo	
3	<b>Shh</b>	w	
4	<b>Shh</b>	wo	
5	<b>Shh</b>	w	
6	<b>Shh</b>	wo	
7	<b>Shh</b>	w	
8	<b>Shh</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shh</b>	w	
12	<b>Shh</b>	wo	
13	<b>Shh</b>	w	
14	<b>Shh</b>	wo	
15	<b>Shh</b>	w	
16	<b>Shh</b>	wo	
17	<b>Shh</b>	w	
18	<b>Shh</b>	wo	
19	<b>Shh</b>	w	
20	<b>Shh</b>	wo	

Item	Sound	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>She</b>	w	
22	<b>Sheh</b>	wo	
23	<b>Shay</b>	w	
24	<b>Suh</b>	wo	
25	<b>Shae</b>	w	
26	<b>Sha</b>	wo	
27	<b>Show</b>	w	
28	<b>Shoo</b>	wo	
29	<b>Shaw</b>	w	
30	<b>Shoi</b>	wo	
31	<b>Eesh</b>	w	
32	<b>Esh</b>	wo	
33	<b>Aysh</b>	w	
34	<b>Ush</b>	wo	
35	<b>Ash</b>	w	
36	<b>Ahsh</b>	wo	
37	<b>Ohsh</b>	w	
38	<b>Oosh</b>	wo	
39	<b>Awsh</b>	w	
40	<b>Oish</b>	wo	

\*Note:

Date Completed: .....

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shake</b>	w	
2	<b>Shed</b>	w	
3	<b>Shin</b>	w	
4	<b>Shoot</b>	w	
5	<b>Shack</b>	w	
6	<b>Shut</b>	w	
7	<b>Shark</b>	w	
8	<b>Shop</b>	w	
9	<b>Shh</b>	w	
10	<b>Shh</b>	w	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	w	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	w	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	w	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	w	
19	<b>Sherbet</b>	w	
20	<b>Shallow</b>	w	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Shave</b>	w	
22	<b>Shock</b>	WO	
23	<b>Ship</b>	w	
24	<b>Shuttle</b>	WO	
25	<b>Shift</b>	w	
26	<b>Shade</b>	WO	
27	<b>Shovel</b>	w	
28	<b>Show</b>	WO	
29	<b>Shadow</b>	w	
30	<b>Shampoo</b>	WO	
31	<b>Chef</b>	w	
32	<b>Sheet</b>	WO	
33	<b>Sharp</b>	w	
34	<b>Shelf</b>	WO	
35	<b>Shield</b>	w	
36	<b>Sugar</b>	WO	
37	<b>Shout</b>	w	
38	<b>Shorts</b>	WO	
39	<b>Shower</b>	w	
40	<b>Shot</b>	WO	

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6	<b>Shut</b>	w	
7	<b>Shark</b>	w	
8	<b>Shop</b>	w	
9	<b>Shh</b>	w	
10	<b>Shh</b>	w	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	w	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	w	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	w	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	w	
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31	<b>Chef</b>	w	
32	<b>Sheet</b>	wo	
33	<b>Sharp</b>	w	
34	<b>Shelf</b>	wo	
35	<b>Shield</b>	w	
36	<b>Sugar</b>	wo	
37	<b>Shout</b>	w	
38	<b>Shorts</b>	wo	
39	<b>Shower</b>	w	
40	<b>Shot</b>	wo	

\*Note:

Date Completed: .....

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shake</b>	w	
2	<b>Shed</b>	wo	
3	<b>Shin</b>	w	
4	<b>Shoot</b>	wo	
5	<b>Shack</b>	w	
6	<b>Shut</b>	wo	
7	<b>Shark</b>	w	
8	<b>Shop</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	wo	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	wo	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	wo	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	wo	
19	<b>Sherbet</b>	w	
20	<b>Shallow</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Shave</b>	w	
22	<b>Shock</b>	wo	
23	<b>Ship</b>	w	
24	<b>Shuttle</b>	wo	
25	<b>Shift</b>	w	
26	<b>Shade</b>	wo	
27	<b>Shovel</b>	w	
28	<b>Show</b>	wo	
29	<b>Shadow</b>	w	
30	<b>Shampoo</b>	wo	
31	<b>Chef</b>	w	
32	<b>Sheet</b>	wo	
33	<b>Sharp</b>	w	
34	<b>Shelf</b>	wo	
35	<b>Shield</b>	w	
36	<b>Sugar</b>	wo	
37	<b>Shout</b>	w	
38	<b>Shorts</b>	wo	
39	<b>Shower</b>	w	
40	<b>Shot</b>	wo	

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Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shake</b>	w	
2	<b>Shed</b>	wo	
3	<b>Shin</b>	w	
4	<b>Shoot</b>	wo	
5	<b>Shack</b>	w	
6	<b>Shut</b>	wo	
7	<b>Shark</b>	w	
8	<b>Shop</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	wo	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	wo	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	wo	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	wo	
19	<b>Sherbet</b>	w	
20	<b>Shallow</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Shave</b>	w	
22	<b>Shock</b>	wo	
23	<b>Ship</b>	w	
24	<b>Shuttle</b>	wo	
25	<b>Shift</b>	w	
26	<b>Shade</b>	wo	
27	<b>Shovel</b>	w	
28	<b>Show</b>	wo	
29	<b>Shadow</b>	w	
30	<b>Shampoo</b>	wo	
31	<b>Chef</b>	w	
32	<b>Sheet</b>	wo	
33	<b>Sharp</b>	w	
34	<b>Shelf</b>	wo	
35	<b>Shield</b>	w	
36	<b>Sugar</b>	wo	
37	<b>Shout</b>	w	
38	<b>Shorts</b>	wo	
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4	<b>Shoot</b>	wo	
5	<b>Shack</b>	w	
6	<b>Shut</b>	wo	
7	<b>Shark</b>	w	
8	<b>Shop</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	wo	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	wo	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	wo	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	wo	
19	<b>Sherbet</b>	w	
20	<b>Shallow</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Ocean</b>	w	
22	<b>Bushel</b>	wo	
23	<b>Dishes</b>	w	
24	<b>Washer</b>	wo	
25	<b>Tissue</b>	w	
26	<b>Lotion</b>	wo	
27	<b>Cashew</b>	w	
28	<b>Wishes</b>	wo	
29	<b>Mushy</b>	w	
30	<b>Ashes</b>	wo	
31	<b>Cushion</b>	w	
32	<b>Flashing</b>	wo	
33	<b>Washes</b>	w	
34	<b>Mashes</b>	wo	
35	<b>Pushes</b>	w	
36	<b>Dashes</b>	wo	
37	<b>Bishop</b>	w	
38	<b>Cashes</b>	wo	
39	<b>Dasher</b>	w	
40	<b>Rushes</b>	wo	

\*Note:

Date Completed: .....

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shake</b>	w	
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3	<b>Shin</b>	w	
4	<b>Shoot</b>	wo	
5	<b>Shack</b>	w	
6	<b>Shut</b>	wo	
7	<b>Shark</b>	w	
8	<b>Shop</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	wo	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	wo	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	wo	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	wo	
19	<b>Sherbet</b>	w	
20	<b>Shallow</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Ocean</b>	w	
22	<b>Bushel</b>	wo	
23	<b>Dishes</b>	w	
24	<b>Washer</b>	wo	
25	<b>Tissue</b>	w	
26	<b>Lotion</b>	wo	
27	<b>Cashew</b>	w	
28	<b>Wishes</b>	wo	
29	<b>Mushy</b>	w	
30	<b>Ashes</b>	wo	
31	<b>Cushion</b>	w	
32	<b>Flashing</b>	wo	
33	<b>Washes</b>	w	
34	<b>Mashes</b>	wo	
35	<b>Pushes</b>	w	
36	<b>Dashes</b>	wo	
37	<b>Bishop</b>	w	
38	<b>Cashes</b>	wo	
39	<b>Dasher</b>	w	
40	<b>Rushes</b>	wo	

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5	<b>Shack</b>	w	
6	<b>Shut</b>	wo	
7	<b>Shark</b>	w	
8	<b>Shop</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	wo	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	wo	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	wo	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	wo	
19	<b>Sherbet</b>	w	
20	<b>Shallow</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
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24	<b>Washer</b>	wo	
25	<b>Tissue</b>	w	
26	<b>Lotion</b>	wo	
27	<b>Cashew</b>	w	
28	<b>Wishes</b>	wo	
29	<b>Mushy</b>	w	
30	<b>Ashes</b>	wo	
31	<b>Cushion</b>	w	
32	<b>Flashing</b>	wo	
33	<b>Washes</b>	w	
34	<b>Mashes</b>	wo	
35	<b>Pushes</b>	w	
36	<b>Dashes</b>	wo	
37	<b>Bishop</b>	w	
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4	<b>Shoot</b>	wo	
5	<b>Shack</b>	w	
6	<b>Shut</b>	wo	
7	<b>Shark</b>	w	
8	<b>Shop</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Shirt</b>	w	
12	<b>Shape</b>	wo	
13	<b>Sham</b>	w	
14	<b>Shuffle</b>	wo	
15	<b>Shore</b>	w	
16	<b>Shiny</b>	wo	
17	<b>Shiver</b>	w	
18	<b>Shoe</b>	wo	
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Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
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22	<b>Bushel</b>	wo	
23	<b>Dishes</b>	w	
24	<b>Washer</b>	wo	
25	<b>Tissue</b>	w	
26	<b>Lotion</b>	wo	
27	<b>Cashew</b>	w	
28	<b>Wishes</b>	wo	
29	<b>Mushy</b>	w	
30	<b>Ashes</b>	wo	
31	<b>Cushion</b>	w	
32	<b>Flashing</b>	wo	
33	<b>Washes</b>	w	
34	<b>Mashes</b>	wo	
35	<b>Pushes</b>	w	
36	<b>Dashes</b>	wo	
37	<b>Bishop</b>	w	
38	<b>Cashes</b>	wo	
39	<b>Dasher</b>	w	
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Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shave</b>	w	
2	<b>Shock</b>	wo	
3	<b>Ship</b>	w	
4	<b>Shuttle</b>	wo	
5	<b>Shift</b>	w	
6	<b>Shade</b>	wo	
7	<b>Shovel</b>	w	
8	<b>Show</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Chef</b>	w	
12	<b>Sheet</b>	wo	
13	<b>Sharp</b>	w	
14	<b>Shelf</b>	wo	
15	<b>Shield</b>	w	
16	<b>Ocean</b>	wo	
17	<b>Bushel</b>	w	
18	<b>Dishes</b>	wo	
19	<b>Washer</b>	w	
20	<b>Tissue</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Lotion</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
28	<b>Cash</b>	wo	
29	<b>Blush</b>	w	
30	<b>Squash</b>	wo	
31	<b>Rush</b>	w	
32	<b>Smash</b>	wo	
33	<b>Crush</b>	w	
34	<b>English</b>	wo	
35	<b>Leash</b>	w	
36	<b>Hush</b>	wo	
37	<b>Marsh</b>	w	
38	<b>Push</b>	wo	
39	<b>Radish</b>	w	
40	<b>Flash</b>	wo	

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Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shave</b>	w	
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3	<b>Ship</b>	w	
4	<b>Shuttle</b>	wo	
5	<b>Shift</b>	w	
6	<b>Shade</b>	wo	
7	<b>Shovel</b>	w	
8	<b>Show</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Chef</b>	w	
12	<b>Sheet</b>	wo	
13	<b>Sharp</b>	w	
14	<b>Shelf</b>	wo	
15	<b>Shield</b>	w	
16	<b>Ocean</b>	wo	
17	<b>Bushel</b>	w	
18	<b>Dishes</b>	wo	
19	<b>Washer</b>	w	
20	<b>Tissue</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Lotion</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
28	<b>Cash</b>	wo	
29	<b>Blush</b>	w	
30	<b>Squash</b>	wo	
31	<b>Rush</b>	w	
32	<b>Smash</b>	wo	
33	<b>Crush</b>	w	
34	<b>English</b>	wo	
35	<b>Leash</b>	w	
36	<b>Hush</b>	wo	
37	<b>Marsh</b>	w	
38	<b>Push</b>	wo	
39	<b>Radish</b>	w	
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6	<b>Shade</b>	wo	
7	<b>Shovel</b>	w	
8	<b>Show</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Chef</b>	w	
12	<b>Sheet</b>	wo	
13	<b>Sharp</b>	w	
14	<b>Shelf</b>	wo	
15	<b>Shield</b>	w	
16	<b>Ocean</b>	wo	
17	<b>Bushel</b>	w	
18	<b>Dishes</b>	wo	
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Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Lotion</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
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29	<b>Blush</b>	w	
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33	<b>Crush</b>	w	
34	<b>English</b>	wo	
35	<b>Leash</b>	w	
36	<b>Hush</b>	wo	
37	<b>Marsh</b>	w	
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7	<b>Shovel</b>	w	
8	<b>Show</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Chef</b>	w	
12	<b>Sheet</b>	wo	
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17	<b>Bushel</b>	w	
18	<b>Dishes</b>	wo	
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20	<b>Tissue</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Lotion</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
28	<b>Cash</b>	wo	
29	<b>Blush</b>	w	
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31	<b>Rush</b>	w	
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33	<b>Crush</b>	w	
34	<b>English</b>	wo	
35	<b>Leash</b>	w	
36	<b>Hush</b>	wo	
37	<b>Marsh</b>	w	
38	<b>Push</b>	wo	
39	<b>Radish</b>	w	
40	<b>Flash</b>	wo	

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Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shirt</b>	w	
2	<b>Shape</b>	wo	
3	<b>Sham</b>	w	
4	<b>Shuffle</b>	wo	
5	<b>Shore</b>	w	
6	<b>Shiny</b>	wo	
7	<b>Shiver</b>	w	
8	<b>Shoe</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Pushes</b>	w	
12	<b>Dashes</b>	wo	
13	<b>Bishop</b>	w	
14	<b>Cashes</b>	wo	
15	<b>Dasher</b>	w	
16	<b>Rushing</b>	wo	
17	<b>Eyelash</b>	w	
18	<b>Rash</b>	wo	
19	<b>Crash</b>	w	
20	<b>Slush</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Clash</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
28	<b>Cash</b>	wo	
29	<b>Blush</b>	w	
30	<b>Squash</b>	wo	
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36	<b>Hush</b>	wo	
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3	<b>Sham</b>	w	
4	<b>Shuffle</b>	wo	
5	<b>Shore</b>	w	
6	<b>Shiny</b>	wo	
7	<b>Shiver</b>	w	
8	<b>Shoe</b>	wo	
9	<b>Shh</b>	w	
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40	<b>Flash</b>	wo	

\*Note:

Date Completed: .....

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Chef</b>	w	
2	<b>Sheet</b>	wo	
3	<b>Sharp</b>	w	
4	<b>Shelf</b>	wo	
5	<b>Shield</b>	w	
6	<b>Sugar</b>	wo	
7	<b>Shout</b>	w	
8	<b>Shorts</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Mushy</b>	w	
12	<b>Ashes</b>	wo	
13	<b>Cushion</b>	w	
14	<b>Flashing</b>	wo	
15	<b>Washes</b>	w	
16	<b>Mashes</b>	wo	
17	<b>Eyesh</b>	w	
18	<b>Rash</b>	wo	
19	<b>Crash</b>	w	
20	<b>Slush</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Clash</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
28	<b>Cash</b>	wo	
29	<b>Blush</b>	w	
30	<b>Squash</b>	wo	
31	<b>Rush</b>	w	
32	<b>Smash</b>	wo	
33	<b>Crush</b>	w	
34	<b>English</b>	wo	
35	<b>Leash</b>	w	
36	<b>Hush</b>	wo	
37	<b>Marsh</b>	w	
38	<b>Push</b>	wo	
39	<b>Radish</b>	w	
40	<b>Flash</b>	wo	

\*Note:

Date Completed: .....

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Chef</b>	w	
2	<b>Sheet</b>	wo	
3	<b>Sharp</b>	w	
4	<b>Shelf</b>	wo	
5	<b>Shield</b>	w	
6	<b>Sugar</b>	wo	
7	<b>Shout</b>	w	
8	<b>Shorts</b>	wo	
9	<b>Shh</b>	w	
10	<b>Shh</b>	wo	
11	<b>Mushy</b>	w	
12	<b>Ashes</b>	wo	
13	<b>Cushion</b>	w	
14	<b>Flashing</b>	wo	
15	<b>Washes</b>	w	
16	<b>Mashes</b>	wo	
17	<b>Eyelash</b>	w	
18	<b>Rash</b>	wo	
19	<b>Crash</b>	w	
20	<b>Slush</b>	wo	

Item	Word	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	<b>Clash</b>	w	
22	<b>Brush</b>	wo	
23	<b>Fish</b>	w	
24	<b>Trash</b>	wo	
25	<b>Dish</b>	w	
26	<b>Wish</b>	wo	
27	<b>Bush</b>	w	
28	<b>Cash</b>	wo	
29	<b>Blush</b>	w	
30	<b>Squash</b>	wo	
31	<b>Rush</b>	w	
32	<b>Smash</b>	wo	
33	<b>Crush</b>	w	
34	<b>English</b>	wo	
35	<b>Leash</b>	w	
36	<b>Hush</b>	wo	
37	<b>Marsh</b>	w	
38	<b>Push</b>	wo	
39	<b>Radish</b>	w	
40	<b>Flash</b>	wo	

\*Note:

# Words in Sentences

## SESSION #25

Date Completed: .....

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shorts</b>	w	
2	<b>Shave</b>	w	
3	<b>Bushel</b>	w	
4	<b>Fashion</b>	w	
5	<b>Flash</b>	w	
6	<b>Bush</b>	w	
7	Oval is my favorite shape.	WO	
8	Sheep are such cute animals.	WO	
9	Shh	WO	
10	Shh	WO	
11	My cereal is getting mushy.	WO	
12	The ocean needs more fish.	WO	
13	Please give me a tissue.	WO	
14	I needs some more hand lotion.	WO	
15	Help me put away the dishes.	WO	
16	Dad needs to fix the washer.	WO	
17	Squash is a yummy vegetable.	WO	
18	We almost ran out of cash.	WO	
19	Mom put on more blush.	WO	
20	The marsh had lots of bugs.	WO	

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	The lightning flash scared me.	WO	
22	I can't find my brush.	WO	
23	You should eat more fish.	WO	
24	Grandma told me to hush my mouth.	WO	
25	It's not nice to push.	WO	
26	The salad needed more radish in it.	WO	
27	The dog got off her leash.	WO	
28	This dish is easy to make.	WO	
29	This movie is smash hit.	WO	
30	I work hard in English class.	WO	
31	Crush the cans for recycling.	WO	
32	I wish I could stay longer.	WO	
33	I got heat rash last summer.	WO	
34	The snow quickly turned to slush.	WO	
35	Rush hour has lots of traffic.	WO	
36	I got an eyelash in my eye.	WO	
37	Mash the potatoes in the pot.	WO	
38	Flush the toilet after you use it.	WO	
39	Polish the spoon till it shines.	WO	
40	I eat my hot dogs with relish.	WO	

\*Note:

# Words in Sentences

## SESSION #26

Date Completed: .....

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shorts</b>	w	
2	<b>Shave</b>	w	
3	<b>Bushel</b>	w	
4	<b>Fashion</b>	w	
5	<b>Flash</b>	w	
6	<b>Bush</b>	w	
7	Oval is my favorite shape.	wo	
8	Sheep are such cute animals.	wo	
9	Shh	wo	
10	Shh	wo	
11	My cereal is getting mushy.	wo	
12	The ocean needs more fish.	wo	
13	Please give me a tissue.	wo	
14	I needs some more hand lotion.	wo	
15	Help me put away the dishes.	wo	
16	Dad needs to fix the washer.	wo	
17	Squash is a yummy vegetable.	wo	
18	We almost ran out of cash.	wo	
19	Mom put on more blush.	wo	
20	The marsh had lots of bugs.	wo	

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	The lightning flash scared me.	wo	
22	I can't find my brush.	wo	
23	You should eat more fish.	wo	
24	Grandma told me to hush my mouth.	wo	
25	It's not nice to push.	wo	
26	The salad needed more radish in it.	wo	
27	The dog got off her leash.	wo	
28	This dish is easy to make.	wo	
29	This movie is smash hit.	wo	
30	I work hard in English class.	wo	
31	Crush the cans for recycling.	wo	
32	I wish I could stay longer.	wo	
33	I got heat rash last summer.	wo	
34	The snow quickly turned to slush.	wo	
35	Rush hour has lots of traffic.	wo	
36	I got an eyelash in my eye.	wo	
37	Mash the potatoes in the pot.	wo	
38	Flush the toilet after you use it.	wo	
39	Polish the spoon till it shines.	wo	
40	I eat my hot dogs with relish.	wo	

\*Note:

# Words in Sentences

## SESSION #27

Date Completed: .....

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shorts</b>	w	
2	<b>Shave</b>	w	
3	<b>Bushel</b>	w	
4	<b>Fashion</b>	w	
5	<b>Flash</b>	w	
6	<b>Bush</b>	w	
7	Oval is my favorite shape.	WO	
8	Sheep are such cute animals.	WO	
9	Shh	WO	
10	Shh	WO	
11	My cereal is getting mushy.	WO	
12	The ocean needs more fish.	WO	
13	Please give me a tissue.	WO	
14	I needs some more hand lotion.	WO	
15	Help me put away the dishes.	WO	
16	Dad needs to fix the washer.	WO	
17	Squash is a yummy vegetable.	WO	
18	We almost ran out of cash.	WO	
19	Mom put on more blush.	WO	
20	The marsh had lots of bugs.	WO	

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	The lightning flash scared me.	WO	
22	I can't find my brush.	WO	
23	You should eat more fish.	WO	
24	Grandma told me to hush my mouth.	WO	
25	It's not nice to push.	WO	
26	The salad needed more radish in it.	WO	
27	The dog got off her leash.	WO	
28	This dish is easy to make.	WO	
29	This movie is smash hit.	WO	
30	I work hard in English class.	WO	
31	Crush the cans for recycling.	WO	
32	I wish I could stay longer.	WO	
33	I got heat rash last summer.	WO	
34	The snow quickly turned to slush.	WO	
35	Rush hour has lots of traffic.	WO	
36	I got an eyelash in my eye.	WO	
37	Mash the potatoes in the pot.	WO	
38	Flush the toilet after you use it.	WO	
39	Polish the spoon till it shines.	WO	
40	I eat my hot dogs with relish.	WO	

\*Note:



# Words in Sentences

## SESSION #28

Date Completed: .....

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shorts</b>	w	
2	<b>Shave</b>	w	
3	<b>Bushel</b>	w	
4	<b>Fashion</b>	w	
5	<b>Flash</b>	w	
6	<b>Bush</b>	w	
7	Oval is my favorite shape.	WO	
8	Sheep are such cute animals.	WO	
9	Shh	WO	
10	Shh	WO	
11	My cereal is getting mushy.	WO	
12	The ocean needs more fish.	WO	
13	Please give me a tissue.	WO	
14	I needs some more hand lotion.	WO	
15	Help me put away the dishes.	WO	
16	Dad needs to fix the washer.	WO	
17	Squash is a yummy vegetable.	WO	
18	We almost ran out of cash.	WO	
19	Mom put on more blush.	WO	
20	The marsh had lots of bugs.	WO	

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	The lightning flash scared me.	WO	
22	I can't find my brush.	WO	
23	You should eat more fish.	WO	
24	Grandma told me to hush my mouth.	WO	
25	It's not nice to push.	WO	
26	The salad needed more radish in it.	WO	
27	The dog got off her leash.	WO	
28	This dish is easy to make.	WO	
29	This movie is smash hit.	WO	
30	I work hard in English class.	WO	
31	Crush the cans for recycling.	WO	
32	I wish I could stay longer.	WO	
33	I got heat rash last summer.	WO	
34	The snow quickly turned to slush.	WO	
35	Rush hour has lots of traffic.	WO	
36	I got an eyelash in my eye.	WO	
37	Mash the potatoes in the pot.	WO	
38	Flush the toilet after you use it.	WO	
39	Polish the spoon till it shines.	WO	
40	I eat my hot dogs with relish.	WO	

\*Note:

# Words in Sentences

## SESSION #29

Date Completed: .....

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shorts</b>	w	
2	<b>Shave</b>	w	
3	<b>Bushel</b>	w	
4	<b>Fashion</b>	w	
5	<b>Flash</b>	w	
6	<b>Bush</b>	w	
7	Oval is my favorite shape.	WO	
8	Sheep are such cute animals.	WO	
9	Shh	WO	
10	Shh	WO	
11	My cereal is getting mushy.	WO	
12	The ocean needs more fish.	WO	
13	Please give me a tissue.	WO	
14	I needs some more hand lotion.	WO	
15	Help me put away the dishes.	WO	
16	Dad needs to fix the washer.	WO	
17	Squash is a yummy vegetable.	WO	
18	We almost ran out of cash.	WO	
19	Mom put on more blush.	WO	
20	The marsh had lots of bugs.	WO	

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	The lightning flash scared me.	WO	
22	I can't find my brush.	WO	
23	You should eat more fish.	WO	
24	Grandma told me to hush my mouth.	WO	
25	It's not nice to push.	WO	
26	The salad needed more radish in it.	WO	
27	The dog got off her leash.	WO	
28	This dish is easy to make.	WO	
29	This movie is smash hit.	WO	
30	I work hard in English class.	WO	
31	Crush the cans for recycling.	WO	
32	I wish I could stay longer.	WO	
33	I got heat rash last summer.	WO	
34	The snow quickly turned to slush.	WO	
35	Rush hour has lots of traffic.	WO	
36	I got an eyelash in my eye.	WO	
37	Mash the potatoes in the pot.	WO	
38	Flush the toilet after you use it.	WO	
39	Polish the spoon till it shines.	WO	
40	I eat my hot dogs with relish.	WO	

\*Note:

# Words in Sentences

## SESSION #30

Date Completed: .....

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
1	<b>Shorts</b>	w	
2	<b>Shave</b>	w	
3	<b>Bushel</b>	w	
4	<b>Fashion</b>	w	
5	<b>Flash</b>	w	
6	<b>Bush</b>	w	
7	Oval is my favorite shape.	WO	
8	Sheep are such cute animals.	WO	
9	Shh	WO	
10	Shh	WO	
11	My cereal is getting mushy.	WO	
12	The ocean needs more fish.	WO	
13	Please give me a tissue.	WO	
14	I needs some more hand lotion.	WO	
15	Help me put away the dishes.	WO	
16	Dad needs to fix the washer.	WO	
17	Squash is a yummy vegetable.	WO	
18	We almost ran out of cash.	WO	
19	Mom put on more blush.	WO	
20	The marsh had lots of bugs.	WO	

Item	Sentences	With (w) or Without (wo) SH Buddy	Correct (✓) or Incorrect (X)
21	The lightning flash scared me.	WO	
22	I can't find my brush.	WO	
23	You should eat more fish.	WO	
24	Grandma told me to hush my mouth.	WO	
25	It's not nice to push.	WO	
26	The salad needed more radish in it.	WO	
27	The dog got off her leash.	WO	
28	This dish is easy to make.	WO	
29	This movie is smash hit.	WO	
30	I work hard in English class.	WO	
31	Crush the cans for recycling.	WO	
32	I wish I could stay longer.	WO	
33	I got heat rash last summer.	WO	
34	The snow quickly turned to slush.	WO	
35	Rush hour has lots of traffic.	WO	
36	I got an eyelash in my eye.	WO	
37	Mash the potatoes in the pot.	WO	
38	Flush the toilet after you use it.	WO	
39	Polish the spoon till it shines.	WO	
40	I eat my hot dogs with relish.	WO	

\*Note:

Date Completed: .....

\*This session is to be completed without the SH Buddy; do as many topics as possible in a single lesson

Item	Conversation Topic	Comments
1	What's most important: to be healthy, wealthy or famous?	
2	What would you improve about yourself?	
3	What's the most delicious food in the world and why?	
4	What is one rule in your house you would change and why?	
5	Describe how to make a dish you know how to make.	
6	What's the best way to travel? Plane, train, car, boat? Why?	
7	What's the most useful thing ever invented by humans?	
8	What's your favorite iPad or Android app?	
9	Shh	
10	Shh	

\*Note:

Date Completed: .....

\*This session is to be completed without the SH Buddy; do as many topics as possible in a single lesson

Item	Conversation Topic	Comments
1	Tell what happens in your favorite movie.	
2	If you could go one place in the world tomorrow, what would that be? Why?	
3	Would you rather live in a city or the country? Why?	
4	What do you like best about being a kid?	
5	What's your favorite game to play? Why?	
6	What is your favorite season of the year and why?	
7	Tell about something you always find annoying that other people do.	
8	What is your first memory?	
9	Shh	
10	Shh	

\*Note:

**Great Job!**